Volunteers Must Not:

- Use or possess illegal drugs or alcohol during a cleanup
- Pick up trash on bridges or overpasses
- Pick up trash on a median
- Pick up what appears to be hazardous material (notify your local Adopt-A-Highway Coordinator if you encounter hazardous objects or holes, guy wires and other hidden obstacles in the ground)
- Attempt to squeeze bags to make room for more trash (injuries can result from broken or jagged objects)

In case of emergency:

- Be prepared for serious injury.
 Every crew should have an adequate first-aid-kit
- Select an emergency room/hospital and know the route to it from the work area
- Every crew member should have transportation immediately accessible
- Use a vehicle with a cellular telephone or CB radio if available

For further information On Adopt-A-Highway:

Call the Michigan Department of Transportation Region Office that serves your county.

Regional Coordinators By Counties:

Superior Region

Baraga, Houghton, Keweenaw and Marquette Counties: 906-485-4270; Alger, Delta, Menominee and Schoolcraft Counties: 906-786-1800; Dickinson, Gogebic, Iron and Ontonagon Counties: 906-875-6644; Chippewa, Luce and Mackinac Counties: 906-293-5168

North Region

Alcona, Alpena, Antrim, Benzie, Charlevoix, Cheboygan, Crawford, Emmet, Grand Traverse, Iosco, Kalkaska, Lake, Leelanau, Manistee, Mason, Missaukee, Montmorency, Ogemaw, Osceola, Oscoda, Otsego, Presque Isle, Roscommon and Wexford Counties: 888-304-6368

Grand Region

Kent and Ottawa Counties: 616-451-3091 Muskegon, Newaygo and Oceana Counties: 231-777-3451 Ionia, Mecosta and Montcalm Counties: 231-937-7780

Bay Region

Arenac, Bay, Clare, Genesee, Gladwin, Gratiot, Huron, Isabella, Lapeer, Midland, Saginaw, Sanilac and Tuscola Counties: 989-754-0784 ext. 223

Southwest Region

Allegan, Barry, Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph and Van Buren Counties: 269-337-3900

University Region

Eaton, Clinton, Ingham and Shiawassee Counties: 517-324-2298; Hillsdale, Jackson and Lenawee Counties: 517-780-5103; Livingston, Monroe and Washtenaw Counties: 810-227-4681

Metro Region

Macomb County: 586-978-1935 Oakland County: 248-451-0001 St. Clair County: 810-984- 3131 Wayne County: 313-375-2405 City of Detroit: 313-965-6350 Region Office: 248-483-5100

Program Coordinator Phone 517-322-3388,

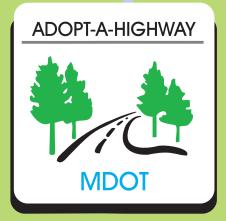
Fax 517-322-2699

MDOT: Providing the highest quality integrated transportation services for economic benefit and improved quality of life.



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Safety Rules





This brochure is available in alternative formats such as large print, audio tape and braille. Copies may be requested by calling 517-373-2160 or 517-373-0012.

Welcome to the Clean Team!

The Michigan Department of Transportation (MDOT) is pleased you've joined the Adopt-A-Highway team. Together, we'll keep our roadsides clean and attractive.

It's a big job and we want the experience to be as safe as possible. Please read these safety rules carefully before each pickup.

All Volunteers Must:

- View MDOT Adopt-A-Highway safety video prior to participation in a cleanup (safety video is available from your Adopt-A-Highway Supply Locations)
- Wear a MDOT provided Adopt-A-Highway safety vest
- Park all vehicles clear of the roadway and on the same side of the road where volunteers are working.
- Be 12 years of age to participate in a cleanup
- Furnish adequate supervision by one or more adults 21 years of age or older for groups that have participants 12-17 years of age
- Pick up litter only during daylight hours
- Not pick up trash on the road surface and shall stay off the road at least 5 feet from the pavement edge
- Obey all safety rules and guidelines
- Conduct a safety meeting for all participants prior to each cleanup and go over Safety Rules and Guidelines for Volunteers and Safety Procedures for litter pickup
- Be in good health with good sight and hearing

For Your Safety:

- Wear light-colored clothing that covers arms and legs
- Wear leather shoes or boots, a hat and safety glasses
- Wear clothing that will not divert attention of motorist during cleanup activities
- Wear clothing that will not impair vision or movement during cleanup activities
- · Work in small groups
- Face oncoming traffic when picking up liter and look up often to ensure that no vehicle is encroaching your work area
- Stay well clear of construction
- Stop working in bad weather, especially when there is poor visibility and wet or icy roads

- During warm weather months, drink plenty of fluids - take breaks avoid overexertion, sunscreen is recommended
- During cold weather months, dress warmly with layered clothing
- Stay off loose stones and steep slopes
- Be alert for snakes, stinging insects and poisonous plants
- Do not remove hazardous substances or dead animals (notify your local Adopt-A-highway Coordinator and tell him/her the location of the item
 - Carpool to the site to reduce number of vehicles
 - Use proper lifting and bending techniques

