

## Volunteers Must Not:

- Use or possess illegal drugs or alcohol during a cleanup
- Pick up trash on bridges or overpasses
- Pick up trash on a median
- Pick up what appears to be hazardous material ( notify your local Adopt-A-Highway Coordinator if you encounter hazardous objects or holes, guy wires and other hidden obstacles in the ground)
- Attempt to squeeze bags to make room for more trash ( injuries can result from broken or jagged objects)

## In case of emergency:

- Be prepared for serious injury. Every crew should have an adequate first-aid-kit
- Select an emergency room/hospital and know the route to it from the work area
- Every crew member should have transportation immediately accessible
- Use a vehicle with a cellular telephone or CB radio if available

## For further information On Adopt-A-Highway:

Call the Michigan Department of Transportation Region Office that serves your county.

## Regional Coordinators By Counties:

### Superior Region

Baraga, Houghton, Keweenaw and Marquette Counties: **906-485-4270**;  
Alger, Delta, Menominee and Schoolcraft Counties: **906-786-1800**;  
Dickinson, Gogebic, Iron and Ontonagon Counties: **906-875-6644**;  
Chippewa, Luce and Mackinac Counties: **906-293-5168**

### North Region

Alcona, Alpena, Antrim, Benzie, Charlevoix, Cheboygan, Crawford, Emmet, Grand Traverse, Iosco, Kalkaska, Lake, Leelanau, Manistee, Mason, Missaukee, Montmorency, Ogemaw, Osceola, Oscoda, Otsego, Presque Isle, Roscommon and Wexford Counties: **888-304-6368**

### Grand Region

Kent and Ottawa Counties: **616-451-3091**  
Muskegon, Newaygo and Oceana Counties: **231-777-3451**  
Ionia, Mecosta and Montcalm Counties: **231-937-7780**

### Bay Region

Arenac, Bay, Clare, Genesee, Gladwin, Gratiot, Huron, Isabella, Lapeer, Midland, Saginaw, Sanilac and Tuscola Counties: **989-754-0784** ext. 223

### Southwest Region

Allegan, Barry, Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph and Van Buren Counties: **269-337-3900**

### University Region

Eaton, Clinton, Ingham and Shiawassee Counties: **517-324-2298**;  
Hillsdale, Jackson and Lenawee Counties: **517-780-5103**;  
Livingston, Monroe and Washtenaw Counties: **810-227-4681**

### Metro Region

Macomb County: **586-978-1935**  
Oakland County: **248-451-0001**  
St. Clair County: **810-984- 3131**  
Wayne County: **313-375-2405**  
City of Detroit: **313-965-6350**  
Region Office: **248-483-5100**

### Program Coordinator

Phone **517-322-3388**,  
Fax **517-322-2699**



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# Safety Rules

## ADOPT-A-HIGHWAY



MDOT

This brochure is available in alternative formats such as large print, audio tape and braille. Copies may be requested by calling 517-373-2160 or 517-373-0012.



# Welcome to the Clean Team!

## All Volunteers Must:

- View MDOT Adopt-A-Highway safety video prior to participation in a cleanup (safety video is available from your Adopt-A-Highway Supply Locations)
- Wear a MDOT provided Adopt-A-Highway safety vest
- Park all vehicles clear of the roadway and on the same side of the road where volunteers are working.
- Be 12 years of age to participate in a cleanup
- Furnish adequate supervision by one or more adults 21 years of age or older for groups that have participants 12-17 years of age
- Pick up litter only during daylight hours
- Not pick up trash on the road surface and shall stay off the road at least 5 feet from the pavement edge
- Obey all safety rules and guidelines
- Conduct a safety meeting for all participants prior to each cleanup and go over Safety Rules and Guidelines for Volunteers and Safety Procedures for litter pickup
- Be in good health with good sight and hearing

## For Your Safety:

- Wear light-colored clothing that covers arms and legs
- Wear leather shoes or boots, a hat and safety glasses
- Wear clothing that will not divert attention of motorist during cleanup activities
- Wear clothing that will not impair vision or movement during cleanup activities
- Work in small groups
- Face oncoming traffic when picking up litter and look up often to ensure that no vehicle is encroaching your work area
- Stay well clear of construction
- Stop working in bad weather, especially when there is poor visibility and wet or icy roads

The Michigan Department of Transportation (MDOT) is pleased you've joined the Adopt-A-Highway team. Together, we'll keep our roadsides clean and attractive.

It's a big job and we want the experience to be as safe as possible. Please read these safety rules carefully before each pickup.

- During warm weather months, drink plenty of fluids - take breaks avoid overexertion, sunscreen is recommended
- During cold weather months, dress warmly with layered clothing
- Stay off loose stones and steep slopes
- Be alert for snakes, stinging insects and poisonous plants
- Do not remove hazardous substances or dead animals ( notify your local Adopt-A-highway Coordinator and tell him/her the location of the item
- Carpool to the site to reduce number of vehicles
- Use proper lifting and bending techniques

